




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Labor Day Special Hot Dog w/sauerkraut- 1 Ea 1/2c. BBQ Butterbeans 1/2c. Potato Salad Hot Dog Roll 1/2c. Tropical Fruit	4 Rotisseri Chicken w/gravy- 4oz 1/2c. Whipped Potatoes w/chives 1/2c. Mixed Vegetables WG Biscuit 1/2c. Sliced Peaches	5 Turkey Chef Salad (1 sl. Turkey, cheddar, 1-hard b. egg) 1c. Tossed salad w/Cucumber 1/2c. Pasta Salad WG Dinner Roll 1/2c. Pineapple	6 Roast Beef w/au jus- 3 oz 1/2c. Roasted Redskins 1/2c. Green Beans Wheat Bread Fresh Banana
9 Chicken Marsala- 1 Ea 1/2c. Bowties 1/2c. Peas Wheat Bread 1/2c. Mixed Fruit	10 Baked Meatloaf w/gravy- 1 Ea 1/2c. Baked Potato w/margarine 1/2c. Wax Beans Wheat Bread Fresh Melon	September Birthdays Baked Breaded Chicken Cutlet-1Ea 1/2c. Au Gratin Potatoes 1/2c Carrots White Bread Birthday Cake	12 Seafood Salad- 1/2c. Over 1c. Mixed Greens w/ Tomato & Hardboiled Egg WG Dinner Roll 1/2c. Cottage Cheese 1/2c. Pineapple <i>*Lighter Fare Menu*</i> 	13 BBQ Ribette- 1 Ea 1/2c. Whipped Sweet Potatoes 1/2c. Creamy Coleslaw White Bread 1/2c. Sliced Pears
16 Roasted Sliced Turkey- 1 Slice 1/2c. Mashed Potatoes w/gravy 1/2c. Carrots Wheat Bread Cookie	17 Penne & Meatballs (4) 3/4c. Pasta w/Sauce/Parm Cheese 1 c. Tossed Salad w/tomato, drs Italian Bread 1/2c. Peach Crisp	18 Honey Mustard Chicken Sandwich w/cheese- 1 Ea 1/2c. Parmesan Redskin Potatoes 1/2c. Mixed Vegetables Sandwich Roll Cookie	19 Santa Fe Salad 1c. Mixed Greens (w/3oz diced chicken, cheddar, & 2oz roasted veggies) Dinner Roll 1/2c. Macaroni Salad 1/2c. Pineapple Tidbits	20 Breaded Pollock Filet- 1 Ea 1/2c. Vegetable Barley Pilaf 1/2c. Carrots Wheat Bread 1/2c. Mandarin Oranges <i>*Lighter Fare Menu*</i> 
23 Roasted Pork Loin w/Gravy- 1 Sl 3 oz. Stuffing 1/2c. Whipped Potatoes 1/2c. Peas 1/2c. Sliced Apples	24 Mild Buffalo Chicken Sandwich -1/2c. w/Shredded Lettuce 1/2c. Broccoli Salad Sandwich Roll Fresh Cantaloupe Cookie	25 Egg Omelet topped w/cheese-1 Ea 1- Sausage Patty 1/2c. Breakfast Potatoes WG English Muffin w/Jelly 4 oz Orange Juice	26 Mandarin & Cranberry Chicken Salad (3oz Chicken, 1 TBS Cran) 1c. Mixed Greens, cucumber, 1oz Blue Cheese crumble, Balsamic Drs 1/2c. Three Bean Salad WG Dinner Roll, Cookie <i>*Lighter Fare Menu*</i> 	27 Open Face Meatloaf Sandwich- 1 Ea 1/2c. Mashed Potatoes w/gravy 1/2c. Carrots Wheat Bread 1/2c. Pudding
30 Pineapple Glazed Ham 1/2c. Whipped Sweet Potatoes 1/2c. Green Beans Wheat Bread 1/2c. Sliced Pears				