LEBANON COUNTY AREA AGENCY ON AGING

PUBLIC HEARING

October 26th, 2021
3:00 P.M.

710 Maple Street
Lebanon, PA 17046

CAROL A. DAVIES, ADMINISTRATOR
AGENDA

1. Area Agency on Aging (AAA) Overview

2. 2021-2022 Aging Block Grant

3. Community Outlook

4. Public Comments
1. Area Agency on Aging (AAA) Overview
AAA OVERVIEW

➢ Over 50 years of service
➢ Entity of Lebanon County Government
➢ 17-Member AAA Advisory Council
➢ 37 Full and part time employees
AAA OVERVIEW

- Federal Older Americans Act of 1965
- Pennsylvania Act 70 of 1978
- Pennsylvania Department of Aging (PDA)
  provides majority of funding and program structure
### AAA OVERVIEW

#### Pennsylvania Lottery 2019-2020 Economic Funding – Lebanon County

<table>
<thead>
<tr>
<th>Program</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lottery Prizes Paid to Winners</td>
<td>$25,707,098</td>
</tr>
<tr>
<td>Area Agencies on Aging &amp; Senior Centers</td>
<td>$2,688,251</td>
</tr>
<tr>
<td>PACE/PACENET</td>
<td>$1,001,985</td>
</tr>
<tr>
<td>Shared &amp; Free Ride Program</td>
<td>$407,850</td>
</tr>
<tr>
<td>Property Tax &amp; Rent Rebates</td>
<td>$2,797,532</td>
</tr>
<tr>
<td>Care/Living Services</td>
<td>$1,505,175</td>
</tr>
<tr>
<td><strong>Benefits Total</strong></td>
<td><strong>$8,400,793</strong></td>
</tr>
</tbody>
</table>
AAA OVERVIEW

Mission Statement:
The mission of the Lebanon County Area Agency on Aging (AAA) is to develop, coordinate and promote a continuum of services that values and supports older adults as they age; empowers them to maintain independence, dignity and respect; and enhances their overall well-being and quality of life.
1. Area Agency on Aging (AAA) Overview

2. 2021-2022 Aging Block Grant
## 2021–2022 Aging Block Grant Sources of Funds

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Regular Block Grant</td>
<td>$1,934,714</td>
<td>$1,934,714</td>
<td>$1,934,714</td>
<td>$1,955,184</td>
</tr>
<tr>
<td>Options Services</td>
<td>714,652</td>
<td>714,652</td>
<td>714,652</td>
<td>714,652</td>
</tr>
<tr>
<td>Miscellaneous Grants</td>
<td>326,025</td>
<td>351,440</td>
<td>301,157</td>
<td>301,033</td>
</tr>
<tr>
<td>Special COVID Funding</td>
<td>0</td>
<td>0</td>
<td>433,037</td>
<td>444,843</td>
</tr>
<tr>
<td><strong>TOTAL AGING BLOCK GRANT</strong></td>
<td><strong>$2,975,391</strong></td>
<td><strong>$3,000,806</strong></td>
<td><strong>$3,383,560</strong></td>
<td><strong>$3,415,712</strong></td>
</tr>
</tbody>
</table>
2021–2022 AGING BLOCK GRANT

SOURCES OF FUNDS

$4,105,198

Aging Block Grant, 83%

Title XIX/Transition, 7%

Donations, 7%

County, 2%

Cost Sharing, 1%
2021-2022 AGING BLOCK GRANT

EXPENDITURES BY TYPE

$4,105,198

Personnel, 57%

Contract Services, 33%

Indirect Costs, 1%

Other Operations, 1%

Transportation, 2%

Supplies & Minor Equip., 3%

Communications, 1%

Occupancy, 2%
2021-2022 AGING BLOCK GRANT
EXPENDITURES BY PROGRAM AREAS

$4,105,198

- Admin., 6%
- In Home Meals, 19%
- Senior Centers, 7%
- Intake and Referral, 11%
- Protective Services, 12%
- Care Mgmt, 19%
- Assessment, 8%
- Adult Day Care, 4%
- Personal Care, 5%
- Other, 10%
2021–2022 AGING BLOCK GRANT PROGRAM AREAS

➢ Assessments

➢ Caregiver Support Program

➢ Health & Wellness Programs
2021-2022 AGING BLOCK GRANT PROGRAM AREAS

- Information & Referral
- In-Home Meals
- Legal Services
2021-2022 AGING BLOCK GRANT PROGRAM AREAS

- OPTIONS Program
- Ombudsman
- PA MEDI (Formerly APPRISE)
2021–2022 AGING BLOCK GRANT PROGRAM AREAS

➢ Protective Services

➢ Senior Community Centers

➢ Volunteer Opportunities
2021–2022 AGING BLOCK GRANT
HOW DO PEOPLE ACCESS SERVICES?

➤ Check our website:
   lebcounty.org/depts/AAA

➤ Call us: 717-273-9262

➤ Email: Lebcoaaa@lebcnty.org
2021–2022 AGING BLOCK GRANT
HOW DO PEOPLE PAY FOR SERVICES?

- Cost Share
- Donation
- No Fee
1. Area Agency on Aging (AAA) Overview

2. 2021-2022 Aging Block Grant

3. Community Outlook
COMMUNITY OUTLOOK

- COVID 19
- Demographics
<table>
<thead>
<tr>
<th></th>
<th>10/22/2021</th>
<th>11/13/2020</th>
</tr>
</thead>
<tbody>
<tr>
<td>Case Rate per 100,000</td>
<td>246.8</td>
<td>286.6</td>
</tr>
<tr>
<td>% Positivity</td>
<td>13.40%</td>
<td>12.60%</td>
</tr>
<tr>
<td>% 65+ Fully Vaccinated</td>
<td>84.70%</td>
<td>-</td>
</tr>
</tbody>
</table>
COMMUNITY OUTLOOK DEMOGRAPHICS

- 141,793 people in Lebanon County
- 37,542 over 60 (26%)
- Baby Boomers
- Emerging Hispanic Population
## Community Outlook

### Lebanon County Population

<table>
<thead>
<tr>
<th>Age Range</th>
<th>2010</th>
<th>2019</th>
<th># Increase/Decrease</th>
<th>% Increase/Decrease</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Population</td>
<td>133,568</td>
<td>141,793</td>
<td>8,225</td>
<td>6.16%</td>
</tr>
<tr>
<td>60 to 64 Years</td>
<td>8,148</td>
<td>9,369</td>
<td>1,221</td>
<td>14.99%</td>
</tr>
<tr>
<td>65 to 69 Years</td>
<td>6,474</td>
<td>8,475</td>
<td>2,001</td>
<td>30.91%</td>
</tr>
<tr>
<td>70 to 74 Years</td>
<td>4,897</td>
<td>6,986</td>
<td>2,089</td>
<td>42.66%</td>
</tr>
<tr>
<td>75 to 79 Years</td>
<td>4,199</td>
<td>5,141</td>
<td>942</td>
<td>22.43%</td>
</tr>
<tr>
<td>80 to 84 Years</td>
<td>3,537</td>
<td>3,491</td>
<td>-46</td>
<td>-1.30%</td>
</tr>
<tr>
<td>&gt;85 Years</td>
<td>3,622</td>
<td>4,080</td>
<td>458</td>
<td>12.64%</td>
</tr>
<tr>
<td>Total 60 and Older</td>
<td>30,877</td>
<td>37,542</td>
<td>6,665</td>
<td>21.59%</td>
</tr>
</tbody>
</table>
COMMUNITY OUTLOOK
PROJECTED POPULATIONS

<table>
<thead>
<tr>
<th>Year</th>
<th>0-59</th>
<th>60 and Older</th>
</tr>
</thead>
<tbody>
<tr>
<td>2010</td>
<td>77%</td>
<td>23%</td>
</tr>
<tr>
<td>2019</td>
<td>74%</td>
<td>26%</td>
</tr>
<tr>
<td>2025</td>
<td>71%</td>
<td>29%</td>
</tr>
</tbody>
</table>
COMMUNITY OUTLOOK
PROJECTED POPULATIONS

Total Population of Lebanon County Residents Aged 60+

- 60-64
- 65-69
- 70-74
- 75-79
- 80-84
- 85+

2019  2025  2040
COMMUNITY OUTLOOK
LEBANON COUNTY POPULATION

2019 Census Data: Hispanic Population of Lebanon County
AGENDA

1. Area Agency on Aging (AAA) Overview
2. 2021-2022 Aging Block Grant
3. Community Outlook
4. Public Comments
PUBLIC COMMENT
THANK YOU FOR YOUR PARTICIPATION

PLEASE VISIT OUR WEBSITE AT
WWW.LEBCOUNTY.ORG/DEPTS/AAA/PAGES/DEFAULT.ASPX
The Lebanon County Area Agency on Aging (LCAAA) held its annual Public Hearing to discuss the 2021-2022 Aging Block Grant. The meeting began at 3:00 p.m. via Zoom.

Fifteen people attended, including members of the community and media.

Carol Davies, Administrator, welcomed those in attendance.

Using a PowerPoint presentation, Ms. Davies explained that Area Agencies on Aging (AAAs) must hold a Public Hearing every year to discuss the Aging Block Grant and receive input from the community. As such, the subjects of discussion were 1) An overview of the AAA’s structure and history, 2) A discussion of the Aging Block Grant funding stream, 3) A discussion regarding community outlook, and 4) Public Comment.

The Older Americans Act of 1965 describes the nation’s commitment to older adults by outlining 10 core objectives to help senior citizens as they age. Further, the Pennsylvania Act 70 of 1978 created a statewide Department of Aging, providing a cabinet-level agency to administer services for citizens over 60. Locally, employees of the LCAAA are part of the Lebanon County government and supported by a 17-member Advisory Council. The Pennsylvania Department of Aging (PDA) provides most of the Agency’s funding and program structure. Pennsylvania is the only state for which all proceeds from the lottery benefit senior citizens, with $8,400,793 total benefits provided to Lebanon County through the lottery in 2019-2020. Ms. Davies broke down how those benefits are split up: $2,688,251 goes directly to AAA and the Senior Centers; $1,001,985 goes to PACE/PACENET to help pay for prescriptions; $407,850 goes to the Shared & Free Ride program; $2,797,532 goes to Property Tax & Rent Rebates; and $1,505,175 goes to other care and living services. Through the work of its full- and part-time employees, the LCAAA is able to provide senior citizens with a continuum of services that benefit seniors at varying degrees of independence and frailty.

Ms. Davies noted the LCAAA’s Mission Statement, which is “to develop, coordinate and promote a continuum of services that values and supports older adults as they age; empowers them to maintain independence, dignity and respect; and enhances their overall well-being and quality of life.” She explained that the Agency offers much more than basic services, and noted services that can positively impact Seniors’ quality of life.

Ms. Davies explained that the Aging Block Grant (ABG) is a large pool of money granted to the LCAAA by the Pennsylvania Department on Aging (PDA) to provide services to Lebanon County citizens aged 60 and older. There are twenty-one different sub-categories of funding, and each has its own requirements of how it may be spent. Prior to this year, the Regular Block Grant, which is approximately $1.9 million, had not increased for more than ten years, while costs continued to rise due to inflation. However, funding had changed as of fiscal year 2021-2022 due to the State revising the formula used to calculate distribution of Federal funds. The State used newer census data and included an additional criteria (number of older adults who live alone) to determine the new funding allocations. As a result, Lebanon AAA will see a $100,000 increase, but will only receive it gradually over a nine-year period. The State received guidance from the Federal government to update this formula every four years. The remaining amount of money comes from various other funds. Ms. Davies highlighted that the agency received special COVID funding. Federal CARES Act and the Families First Coronavirus Response Act funds received this year and last year. New American Rescue Plan money is allocated for this year and the next two years. Ms. Davies continued by explaining that this money and the related LCAAA services are not entitlements to seniors, but rather the AAA must spend within the amount of money it receives.
Ms. Davies then reviewed the program areas for services the agency provides:

- **Assessments:** Review the needs for services or assess for nursing home placement; in a one-year period the agency completed approximately 1,000 assessments.

- **Caregiver Support Program:** Works with caregivers caring for older loved ones or grandparents taking care of grandchildren; currently serving 34 people.

- **Health and Wellness Programs:** The LCAA offers these evidence based programs, such as Healthy Steps and Tai Chi for Arthritis. There are other activities at senior centers fostering health and wellness as well.

- **Information and Referral:** encompasses the many requests that come in to the agency with questions or needs that an agency employee can direct them to a resource, such as a phone number, service, or program to help them.

- **In-Home Meals:** Also known as Meals on Wheels, delivers a nutritious meal to those who are unable to afford or prepare meals for themselves; Meals on Wheels specifically provides a daily check-in with the individual. Through Meals on Wheels, the agency provides approximately 330 meals per day, serving 646 people within the last year. Meals are provided free of charge, but the agency does send a request for donations on a monthly basis.

- **Legal Services:** The agency can refer financially eligible older adults to legal professionals who can provide counseling and legal representation.

- **OPTIONS:** Encompasses care management and other services. The care manager meets with a consumer to assess needs and provide a care plan, with either contracted services through the agency or an outside community program. Examples of services are adult day care, in-home personal care, and personal emergency response systems. An ongoing challenge further exacerbated by the pandemic is staffing issues with personal care providers; the work demands a lot from the workers physically and emotionally.

- **PA MEDI:** PA MEDI (formally known as APPRISE) stands for Pennsylvania Medicare Education and Decision Insight. The program is currently in the open enrollment period; volunteers are assisting individuals by appointment. Last year the agency served over 1,000 beneficiaries.

- **Protective Services:** The need for this service has grown significantly in the past few years; the agency has increased the amount of funds and staff to address the increase. Employees work with individuals at risk of abuse, neglect, abandonment, or exploitation in order to provide them the assistance they need to remove that risk. Last year, Protective Services received approximately 400 reports of need.

- **Senior Community Centers:** There are five senior community centers in the County – Annville, Lebanon, Myerstown, Jonestown, and Palmyra. The centers offer a meal and social time for seniors, including games and physical fitness. Based on guidance from the State, senior centers continue to operate with safety protocols and limited numbers allowed for each activity. Regardless, the Senior Center programs help combat social isolation in older adults.

- **Volunteer Opportunities:** LCAA offers volunteer opportunities – delivering meals, working in the senior centers, working in PA MEDI, or helping with income tax or property tax/rent rebate.

Ann Devine, Deputy Administrator, presented information on how people can access the services AAA offers to the community. People can access the agency’s website (lebcounty.org/depts/AAA), call the office (717-273-9262), email (lebcocaaa@lebcnty.org), or come in person. Ms. Devine provided an overview of what individuals can find on the website. She also mentioned that while our doors our currently locked, we are open to serve the public.

Ms. Devine then described the various ways consumers pay for the services they receive through the agency. First is cost share, which is based on monthly income and a formula provided by the State which determines whether the amount someone would have to pay is 100%, 0%, or somewhere in between. Donation is where the consumer may not necessarily pay a fee for services, but receives a monthly donation statement. This gives them the opportunity to give whatever amount they feel they are able to the program. Other services are provided with no fee or donation requested.
Ms. Davies discussed how COVID 19 has affected nearly every facet of society. Following guidance from the State, AAA currently has the doors to the office locked and requires masks for all who enter. Additionally, senior centers are limiting attendance and social distancing during activities. Care Managers are conducting in-home visits with safety protocols in place.

Moving on to demographics, Ms. Davies shared that in 2019, there were 141,793 people living in Lebanon County, with 26% of that population being over 60 (37,542 people). Ms. Davies then highlighted factors that will influence future services based on population. The biggest factor that will impact the LCAAA in the future is the aging Baby Boomer Generation. While the overall Lebanon County population increased by 6.2% from 2010 to 2019, the percent of the population over 60 grew by over 21%. In 2019, from the age brackets of 65-69 and 70-74 years, there was an increase of 31% and 43%, respectively. These high increases come from the Baby Boomer Generation, with the oldest Baby Boomers turning 75 this year. By 2040, it is expected that there will be a high number of the population in each of the 60+ age brackets, including a significant increase in the 80-84 and 85+ cohorts. As those aged 75 and older are most likely to use intensive in-home services, the need for those services will increase over time. Another important factor is the Hispanic population. While the current Hispanic population aged 60+ only encompasses 5%, the higher numbers for the younger age cohorts indicates a growing need as those groups age. Ms. Davies also noted that Lebanon County has one of the fastest growing elderly populations in the state, which will add additional challenges to providing services in the coming years.

To conclude the Public Hearing, Ms. Davies responded to the following question from the public.

**What is the poverty level?**
   For an individual: $1,073/month.

**Must you be at poverty level to receive services from the agency?**
   No, must be over 60 and meet certain criteria for the service.

**How much funding goes towards the Meals on Wheels program? How many County residents participate?**
   Nineteen percent of the budget goes towards the Meals on Wheels program, which is approximately $700,000. The program serves about 330 consumers a day and 646 different individuals a year.

**Is it possible to make too much money to get help for services?**
   Meals on Wheels does not have an income requirement to qualify. Some other services offered by the agency may have income criteria.

**Will PA MEDI call back within 72 hours as the voicemail states?**
   Volunteers primarily staff the PA MEDI program. Due to a shortage of volunteers, it may take longer to receive a call back, but someone from the program will contact you to schedule an appointment.

**For PA MEDI and AAA services, do you come to the building to complete the process?**
   PA MEDI offers appointments in person at the agency or over the phone. For agency in-home services, a care manager would come out to the home.

The meeting adjourned at 3:57 pm.

Respectfully Submitted,

Sarah Gill, Administrative Secretary